

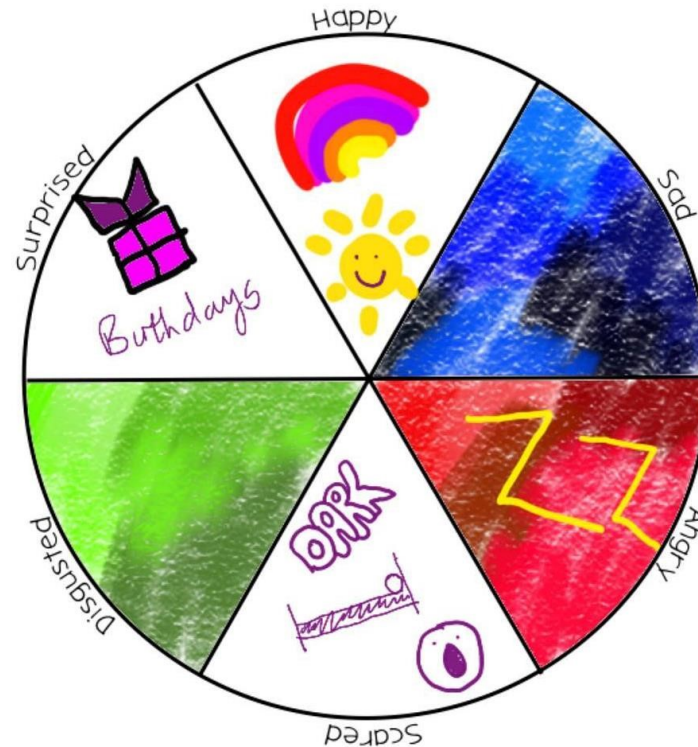
Emotion Wheel

A simple art activity to explore different emotions.

These emotions are the basic 6 emotions that children need to recognise early on in emotional literacy.

Which colours? Which shapes? Which words? Which drawings/objects?
Represent each emotions. Get them to decorate their wheel.

Lots of opportunity for discussion.



An example of mine that I did on my IPAD to illustrate

Art therapy
exercise ♡

Fill the wheel with
colours, shapes and
drawings to represent
the different
emotions ♡

