

HIBARI KAN JUDO CLUB











Leisure Centre > Larkhall Monday

- 5-8years ▶ 6pm 6:50pm
- 9-16years > 7pm 7:50pm
 - Seniors ▶ 8pm 8:50pm

Leisure Centre > Larkhall Thursday

5-8years ► 5pm – 5:50pm 9-16 years ► 8pm – 8:50pm Seniors ► 8pm – 8:50pm *Temporary times due to Covid Restrictions*

<u>Team HK</u>

Neil Malone 6th Dan Andy Malone 4th Dan Lisa Malone - Covid Officer

St Nicholas Church Lanark Tuesday

5-8years ► 5:30pm – 6:20pm 9-16years ► 6:30pm – 7:20pm Senior Session Coming Soon

Community Wing > Blackwood Friday

5-8years ▶ 5pm – 5:50pm 9-16years ▶ 6pm – 6:50pm

To book your place contact

Andy: 07900 827299

<u>Hibarikanjudo@hotmail.co.uk</u>

Ready when you are!!